

**WEEK 6**

FEB 11: **PSALMS 19**  
FEB 12: **PSALMS 20**  
FEB 13: **PSALMS 21**  
FEB 14: **PSALMS 22**  
FEB 15: **MARK 15:21-41/PS 22**  
FEB 16: **REFLECTION**

**WEEK 7**

FEB 18: **PSALMS 23**  
FEB 19: **PSALMS 24**  
FEB 20: **1 COR. 10/PS. 24:1**  
FEB 21: **PSALMS 25**  
FEB 22: **PSALMS 26**  
FEB 23: **REFLECTION**



**WEEK 8**

FEB 25: **PSALMS 27**  
FEB 26: **PSALMS 28**  
FEB 27: **PSALMS 29**  
FEB 28: **PSALMS 30**  
MAR 01: **PSALMS 31**  
MAR 02: **REFLECTION**

**WEEK 9**

MAR 04: **LUKE 23:44-49/PS. 31:5/LUKE 23:46**  
MAR 05: **PSALMS 32**  
MAR 06: **ROMANS 4:1-8/PS. 32:1-2/RO. 4:7-8**  
MAR 07: **PSALMS 33**  
MAR 08: **HEBREWS 11:3/ GEN 1:3/PS. 33:6-9**  
MAR 09 **REFLECTION**

**WEEK 10**

MAR 11: **PSALMS 34**  
MAR 12: **1 SAM 21 / PSALMS 34**  
MAR 13: **I PETER 2:1-3/PS. 34:12-16**  
MAR 14: **1 PETER 3/PS 34:12-16/ I PETER 3:10-12**  
MAR 15: **PSALMS 35**  
MAR 16: **REFLECTION**

# Psalm

**BIBLE READING PLAN**



## WEEK 1 REFLECTION QUESTIONS

1. According to Psalms 19 - which of David's "one liners" about God's law best matches your experience with Scripture? (Notice David's progression from God to Lord to Redeemer).
2. Psalms 20 - Think back over your week. Who could you pray this Psalm for?
3. Psalms 21 - How often do you stop and thank God for the "victories" in your life?
4. Psalm 22:1-21 - Shift from faith to despair. If "Faith" was on the wall to your right and "Despair" on the wall to your left, where would you position yourself in the room to show where you are spiritually? Why?
5. Mk 15:12-41 - In times of despair does it help to know that Jesus experienced despair and felt the same way?

## WEEK 2 REFLECTION QUESTIONS

1. Psalms 23 - Is the LORD your shepherd?! Read this Psalm a couple of times in quiet meditation.
2. Psalms 24:3-6 - Who do you think David could be referring to?
3. I Corinthians 10 - As Christians living in this world, should we research everything before we buy or do anything or is ignorance bliss?
4. Psalms 26 - How many of these verses could you say apply to your life? What could you do to improve your number?

## WEEK 3 REFLECTION QUESTIONS

1. Psalms 27 - What is the relationship between "seeking" and "waiting" for God? What does this tell you about the Christian life?
2. Psalms 28 - How quick we are to ask God to condemn our "enemies" but we want mercy for ourselves. How does this reflect in your life?
3. Psalms 29 - How strong is the voice of the LORD in your life?
4. Psalms 30 - Has GOD turned a time of sorrow into a time of joy for you?
5. Psalms 32 - Like David, have you ever felt joy in God then felt the joy ebb and flow unpredictably?

## WEEK 4 REFLECTION QUESTIONS

1. Psalms 32 context is about sin. Have you ever thought of your confessions to Christ of your sin as a walk of trust in Him? See Psalms 32:10
2. Psalms 32:3-5 - David talks about wasting away because of not confessing his sin. If it makes you feel better to confess your sin, what hinders you from confessing your sin right away?
3. How does trusting God (Romans 4:5, Ps 32:1-2,10) help in not getting caught up in works salvation?
4. Psalms 33:1-3 - What "tools" are used to worship? What reasons does David worship for (vs 4-11)?
5. In relation to question 4, Psalms 33:6-9, Hebrews 11:3, and Genesis 1:3; do you meditate on the power of God's spoken command? How does this encourage your faith?

## WEEK 5 REFLECTION QUESTIONS

1. I Samuel 21 - Why did David act insane? (remember that in I Sam 19 Saul was trying to kill David)  
Psalms 34 - How did David feel about acting insane? (Psalms 34:5)
2. I Peter 2:1-3/Psalms 34 What does it mean to taste the Lord and see He is good? How have you tasted and seen that the Lord is good?
3. According to I Peter 3:8-12/Psalms 34:12-16- What must we do to love life and see good days? Is there anything you can do to love life and see good days, even better than you are now?
4. Psalms 35 - David is incredibly open and detailed about his emotions to God. How can you improve your openness and communication to God?

# Psalms

## BIBLE READING PLAN - REFLECTION QUESTIONS

QUESTION CONTRIBUTORS: BARBARA BROWN AND BRIAN MITCHELL